

Experience night in refuge, best of 3 Vallées ! France



2 days to discover the most beautiful ski runs in 3 Vallées ski area,
and a magic night in high mountain refuge.

Dates and times

Possible with departure each Thursdays between the 7th of december 2019 and the 30th of april 2020

Start: the 1st day booked and validate at 9 am

Finish: the 2nd day booked and validate at 4 pm

Dates on the registration form on the website after the registration.

Group size	Required minimum number: 3 participants Required maximum number: 6 participants Maximum number of groups: 1 Beyond 6 people, a second guide will be necessary
Technical level required	Required minimal level: black slope Technical level: 3/5 Physical level: 2/5 Time of hiking: Day 1: ab 30mn / in Day 2: ab 1h Altitude difference: Day 1: D+ ab 150m / Day 2: D+ ab 300m / Day 3: D+ ab 350m Porterage of luggage: no
Coaching	By a mountain guide of the Meribel's Mountain Guide Office, member of the Vanoise's Guides Company. Diploma: MOUNTAIN GUIDE Contact for technical information: office of the guides of Méribel Phone : +33 (0) 643 897 291 E-mail: guides.meribel@gmail.com
Detailed itinerary	Day 1: Depending of conditions, one of those famous backcountry ski run: Valley des Avals or Col du Fruit on Courchevel, Dos de Crest Voland on Méribel or Béranger on the beautiful and typical mountain village of St Martin de Belleville. Day 2: Depending of conditions, one of those famous backcountry ski run: Lac du Loupor Combe sans Nom on Val Thorens, the wild valley dof Encombres on Ménuires or Rafforts on Méribel. It is of course only area code, it will be necessary to us to adapt ourselves to the hazards of the weather report as well as in the conditions of the mountain and the participants. In the last resort, the mid mountain guide remains only judge of the program whom he can modify because of imperatives of safety.
Accomodation type	Refuge in high mountain on 3Valley ski area, with double room or room 4 to 6 people, or dormitory. Possibility to have a shower, and nordic bath depending to the refuge (not every refuge).
Restoration	Half board (dinner and breakfast). Plan picnic or restaurant depending of weather.
Transportation	Lifts of 3 Vallées ski area.
Total price	622 € / pers if 3 people,

	<p>525 € / pers if 4 people, 428 € / pers si 5 people, 403 € / pers if 6 people</p> <p>It is possible to be refunded of 60 € per person if you have your ski pass 3 Valleys if you show your ski pass in the registration and if you use it during the day.</p>
Departure conditions in case of lack of participants	<p>If the minimum number of 3 participants is not reached in the departure morning, you have 3 possibilities:</p> <ul style="list-style-type: none"> - departure possible for two participants at 960 € each person, - proposal of another service, - cancellation of the service with refund.
The price includes	<p>Elements described above concerning: the mountain guide for 2 days, ski pass 2 days for full 3 Valley ski area, 1 night in refuge in half board (dinner and breakfast).</p>
The price don't includes	<p>Elements described above concerning:</p> <ul style="list-style-type: none"> - picnic or restaurant day 1 and 2, - The personal insurances: personal civil liability ... - The individual equipment, - Drinks - Police formalities and sanitary - All which is not mentioned in this document
Payment terms	<p>Deposit of 30 % on registration if booking more of 30 days before the departure. Balance in 30 days of the departure or total due on the booking. Payments accepted by bank transfer, bank card or « chèque-vacances” ANCV</p>
 Formalities	<p>Police formalities: compulsory ID card valid Sanitary formalities: Warn your guide of any medical risk. To realize this stay in the best conditions, we advise you to make beforehand a medical balance sheet with your general practitioner to confirm your capacity for the trekking.</p>
Place and time of meeting	<p>At 9 am in front of the cabin of Saulire Express</p>
Access to the meeting	<p>By your own ways</p>

Place and time of dispersion	At 5 pm, at the end of ski, in Chaudanne
Insurance	<p>Every participant have to be a holder of a civil liability as well as an individual guarantee multirisk with the aim of protecting itself incidents or accidents which can arise before either during the trekking.</p> <p>If needed, we propose you several formulae of insurances, under the condition that your place of residence is in Europe:</p> <ul style="list-style-type: none"> - ASSISTANCE : repatriation / expenses of help and search in 1 % of the amount of the price, - CANCELLATION in 3,5 % of the amount of the price - In the case of purchase of both formulae, Assistance + cancellation to 4,5 %, you will be also covered for the interruption of stay. <p>General arrangements of Insurance on brochures Europ Assistance.</p> <p>Be carefull: If you choose another insurance contract, be sure that the assistance repatriation / expenses of help is sufficient.</p>
Equipment furnished	Beeper, shovel and probe. Backpack if needed.
Rental equipment	<p>Fat skis 90mm on skate recommended for off pist skiing.</p> <p>optional:</p> <p>ski sticks ski boots 1 day 70€/pers</p> <p>ABS Backpack 3 days : 90€/pers</p>
Personal equipment to be planned	<p>Bottle of water 1litre or thermos jug 50cl, energies bars, hot gloves, ski goggles, suncream. Your usual ski equipment, down jacket, front lamp, toilet bag, a change of clothes (pant and t-shirt).</p> <p>Non exhaustive list</p>